# Standard Operating Procedure Raiders

## [2018-2019]

(Introduction, Standards and Expectations, Awards, Distribution, and Conclusion)

C/1SG Encarnacion, Williem C/1SG Marinas, Sheena

#### Introduction

The purpose of this SOP is to provide the standards for any member of the Raiders Team (2018-2019), as well as the requirements to be eligible for awards associated with the Raiders team.

#### Standards and Expectations

All Raiders must maintain and improve their physical capabilities. Raiders, male and female, are expected to be able to execute 50 push-ups in under 2 minutes, 50 sit-ups in under 2 minutes, and have a mile run time of 9:00 minutes or under after being an active member of the team for one year.

To be considered as a member of the Raiders Team, the Cadet must also attend at least 60% of the practices and meetings set by the commanders.

Raiders must attend 50% of the scheduled Raider meetings and practices in order to keep their individual awards and/or distinctions.

To be eligible to be part of the Raiders Challenge Team, the Raiders Cadet must attend at least 40% of the practices and meetings set by the commanders.

All Raiders must maintain a C or higher letter grade in any of the school courses they are taking with the exception of a letter grade of a C- for AP courses in order to be part of the Raiders Challenge team. Any raider who has a letter grade of D or lower will be suspended from duty and any form of participation until improvement is shown. Raider will not be marked as excused during suspension unless otherwise determined by both Raiders commanders.

Inappropriate behavior and/or violations will result in penalties and/or suspension from team activities and the appropriate amount of demerits deemed by the battalion S1 (Adjutant)

#### Awards and Decorations

All awards will be distributed accordingly, after a detailed review of each Raider member by the two Raider Commanders. The Raiders Cadet, eligible for any of the awards listed below, must have at least 50% attendance to receive the award.

- <u>Raiders Ribbon</u>: Awarded to Raiders Cadets who attend 70% of the scheduled morning, after school, and Saturday practices and meetings. Excused absences will not count against their attendance. Excused absences include- but are not limited to important mandated meetings from other parties, jobs, illnesses which will worsen through participation or impede performance, test/quiz make-ups, and family conflict.
- <u>Raiders Arc</u>: Awarded to Raiders Cadets that excel in all physical categories. A male cadet must be able to execute at least 60 push-ups in 2 minutes, at least 70 sit-ups in 2 minutes, and a mile run time of 7:30 or under. A female cadet must be able to execute at least 50 push-ups in 2 minutes, at least 70 sit-ups in 2 minutes, and a mile run time of 8:00 or under.
- <u>Raiders Cord</u>: Awarded to Raiders Cadet that participated in at least one Raiders competition event.

Exceptions to any of the standards, rules, and regulations aforementioned can be made at the discretion of both the two Raiders Commanders and a discussion with senior team members.

### Conclusion

Members of the Raiders team will be given the highest expectations and will always be asked to lead by example. As a result of the physical training and the nature of the team, Raiders Cadets are also expected to develop a sense of teamwork, commitment, leadership, and discipline. Raiders Cadets will also fulfill the student aspect of student-athlete.